



MONROE MUSTANGS

WOMEN'S SOCCER



MONROE
COLLEGE

JONATHAN GARBAR, HEAD COACH

(347) 514-5530 • jgarbar@monroecollege.edu



Since he became head coach at Monroe in 2012 (its first season in Division I), Coach Garbar has put together one of the nation's top women's collegiate soccer programs. Under his tutelage, the Mustangs were 2013, 2014 and 2015 Region and District Champions. They were 2014 National Champions and in 2015, reached the National Championship, Final Four. In only three years, he has developed seven All-Americans, including the 2014 National Player of the Year, and was named 2014 NSCAA National Coach of the Year. His overall record as the Head Coach of the Mustangs, stands at 60-7.

MIKAELA HOWELL, ASSISTANT COACH

(914) 740-6769 • mhowell@monroecollege.edu



The 2013 season was Mikaela's first season as Mustangs assistant coach. The 27 year-old midfielder from Basingstoke, England was one of the nation's most prolific scorers in her two years at Monroe. In 2012 she was sixth in the NJCAA with 30 goals in just 13 games, she was second in assists with 24, and second in total scoring with 84 total points. Prior to her time at Monroe, Mikaela came through the Arsenal Ladies Youth Program and represented England at the U17 level. In her freshman year she had 23 goals and 8 assists. The two-time All-American, widely considered the greatest women's soccer player in Monroe history, assists Coach Jonathan Garbar on the sidelines.



WOMEN'S SOCCER

Monroe's newest varsity team started in the fall of 2009 and saw immediate, sustained success. The Mustangs women's soccer team has appeared twice in the national finals and won the National Championship in 2014. The program has produced numerous All-Americans including Mikaela Howell, Lorina White, Taylor O'Leary, Charlotte Branch and Ana Carol Rodrigues. They have won four Regional Championships and three District Titles. Additionally, Monroe saw a player earn NJCAA Player of the Year honors (Lorina White) and Head Coach Jonathan Garbar capture NJCAA Coach of the Year, both in 2014.

The women's soccer program at Monroe also fields a JV team and numerous Mustangs players graduate from Monroe into the NCAA. In addition to their roles as student athletes, Monroe women apply their dedication and commitment to community service by assisting the disabled and other local organizations. Some of our recent athletes who have competed on the Division I level include:

Ana Carol Rodrigues, *University of Central Florida University*

Christina Charles, *Oklahoma State University*

Melanie Formosa, *University of North Carolina Greensboro*

Lorena White, *Ball State University*

Gemma Craine, *San Diego State University*

Devyn Bryar, *University of Nevada*

Charlotte Branch, *Central Connecticut State University*

Happy Orere-Amadu, *Texas San Antonio*

Itzel Guzman, *Queens College*

Areli Luna, *Barry University*

ADMISSIONS REQUIREMENTS:

- Online Application with Essay
- Admissions Interview
- Official High School Transcript
- Official College Transcript (if applicable)
- 2 Letters of Professional Recommendation
- Pre-participation Physical History Form
- \$35 Application Fee
- FAFSA School Code: 004799



About Monroe College

FOUNDED: In 1933, Monroe College offers a wide range of Associate, Bachelor's and Master's degree programs to its 7000+ students.

CAMPUSES: In the Fordham section of the Bronx, NY, downtown New Rochelle, NY, and on the Caribbean island of St. Lucia, as well as a vibrant online campus.

DEGREES OFFERED: Monroe offers Associate degree programs in accounting, baking and pastry, business administration, computer information systems, criminal justice, culinary arts, health services administration, hospitality management, human services, medical assisting, nursing and pharmacy technician; Bachelor's degree programs in accounting, business management, computer information systems, criminal justice, early childhood education, health services administration, hospitality management, human services, nursing and public health; Master's degree programs in accounting, business administration, computer science, criminal justice, hospitality management and public health.

THREE SEMESTER SCHEDULE:

Fall Early September–Late December

Winter Early January–Mid April

Spring Late April–Early August

RESIDENCES: Monroe College provides students with attractive, suite-style housing facilities that are fully furnished and within walking distance of shopping, financial institutions, and public transportation.

SCHOLARSHIP INFORMATION/ FINANCIAL AID: The college recognizes academic achievement by providing grants and scholarships for the deserving applicant. Consideration is based on an overall assessment of the candidate as evidenced by the candidate's academic background, extra-curricular involvement, SAT results, and letters of recommendation.

For more information about Monroe College, visit:

www.monroecollegemustangs.com
www.facebook.com/monroeathletics
or call 914.740.6758

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For consumer information about these programs and their graduates,
go to www.monroecollege.edu