



# MONROE MUSTANGS

RUGBY



**MONROE**  
**COLLEGE**

# JAMES ENGLISH, HEAD COACH

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Coach James English joins Monroe College with a wealth of experience playing and coaching rugby across England, Ireland and the United States. James, who has been coaching rugby since 2003, played and studied rugby at the University of Northampton in England before returning to his native London to earn a Post Graduate Certificate in Physical Education Teaching and Coaching.

As Head of Rugby and Long Term Athlete Development at a specialized sports high school in London, James worked with future Olympians across a variety of sports. He then relocated to Dublin, Ireland to teach and coach rugby at the famous Blackrock College, producing multiple schoolboy internationals.

Since moving to the United States, James led rugby development as the Executive Director and HP Director for Rugby Pennsylvania. He has coached the New York Rugby Club women's team in the Women's Premier League and Yale University's men's team in the Ivy League Conference. He has also coached in Atavus's USA Rugby Academy, and was recently appointed attack coach for USA Rugby Women's Collegiate All-American.



# RUGBY

The Monroe College Rugby Program is designed to offer the perfect environment for talented aspiring rugby players to combine high-level coaching with highly supportive continued education. Under the helm of Head Coach James English, who comes to Monroe with over 12 years of rugby coaching experience, Monroe Rugby is the ideal program for student-athletes' personal and rugby development.

Monroe Rugby offers benefits that include elite coaching, high-level facilities, athletic trainers at all Rugby events, varsity weight room, strength and conditioning coaches, admissions support and an academic support program. Monroe's wide range of student support includes assigned academic advisors, personal attention from professors and access to math, writing and major-specific tutoring. Monroe is committed to helping student-athletes to succeed, both on the field and in the classroom, and has a long history of cultivating premier student-athletes across our sports programs who go on to compete in Division I Athletics.

Monroe Rugby is a year-round program that plays both sevens and fifteens. Players will compete in the NSCRO Tri-State Collegiate Rugby Conference and train in the spectacular Monroe Athletic Complex.

## FALL 2016 SCHEDULE

Sunday 9/11	Away vs. Vassar College	Sunday 10/09	Away vs. Drew University
Sunday 9/18	Home vs. SUNY Maritime	Saturday 10/15	Away vs. SUNY Oneonta
Sunday 9/25	Home vs. Bard College	Sunday 10/23	Home vs. SUNY New Paltz

**Playoffs – NSCRO Tri-State Collegiate Rugby Conference  
Sunday 10/30 Semi Final**

**Saturday and Sunday 11/5 & 11/6 Championship Games**

## ADMISSIONS REQUIREMENTS:

- Online Application with Essay
- Admissions Interview
- Official High School Transcript
- Official College Transcript (if applicable)
- 2 Letters of Professional Recommendation
- Pre-participation Physical History Form
- \$35 Application Fee
- FAFSA School Code: 004799



# About Monroe College

**FOUNDED:** In 1933, Monroe College offers a wide range of Associate, Bachelor's and Master's degree programs to its 7000+ students.

**CAMPUSES:** In the Fordham section of the Bronx, NY, downtown New Rochelle, NY, and on the Caribbean island of St. Lucia, as well as a vibrant online campus.

**DEGREES OFFERED:** Monroe offers Master's degree programs in accounting, business administration, computer science, criminal justice, hospitality management and public health; Bachelor's degree programs in accounting, business management, computer information systems, criminal justice, early childhood education, health services administration, hospitality management, human services, nursing, public health and sports management; Associate degree programs in accounting, baking and pastry, business administration, computer information systems, criminal justice, culinary arts, diagnostic medical sonography health services administration, hospitality management, human services, medical assisting, nursing, pharmacy technician and sports management.

## **THREE SEMESTER SCHEDULE:**

Fall      Early September–Late December  
Winter   Early January–Mid April  
Spring   Late April–Early August

**RESIDENCES:** Monroe College provides students with attractive, suite-style housing facilities that are fully furnished and within walking distance of shopping, financial institutions, and public transportation.

**SCHOLARSHIP INFORMATION/ FINANCIAL AID:** The college recognizes academic achievement by providing grants and scholarships for the deserving applicant. Consideration is based on an overall assessment of the candidate as evidenced by the candidate's academic background, extra-curricular involvement, SAT results, and letters of recommendation.

For more information about Monroe College athletics, visit:

**[www.monroecollegemustangs.com](http://www.monroecollegemustangs.com)**  
**[www.facebook.com/monroeathletics](http://www.facebook.com/monroeathletics)**  
or call **914.740.6758**

**MONROE**  
**COLLEGE**

For consumer information about these programs and their graduates,  
go to [www.monroecollege.edu](http://www.monroecollege.edu)